

# Intermountain Connect Care®

## HALF THE COST OF A DOCTOR'S OFFICE VISIT

When you feel sick or injured, you don't need to leave the house to get the care you need. Grab your smartphone or computer and talk with a doctor in minutes.

Join in the savings by downloading the Connect Care app and creating an account. You can also visit [intermountainconnectcare.org](https://intermountainconnectcare.org) to get started. Set up an account now so you'll be all set when you or your family needs care for commonly treated conditions. See a full list of conditions at [intermountainconnectcare.org](https://intermountainconnectcare.org).

### DID YOU KNOW?

SelectHealth members  
**SAVE AN AVERAGE OF \$31**  
each time\* they use  
Intermountain Connect Care  
instead of visiting the ER, urgent  
care clinic, or their doctor's office.\*

### GET AN HOUR OF YOUR LIFE BACK WITH CONNECT CARE

#### A TRIP TO URGENT CARE:\*

- > Commute back and forth: **28 minutes**
- > Average wait time: **39 minutes**
- > Total time: **67 minutes**

#### USING INTERMOUNTAIN CONNECT CARE:\*

- > Stay home and see a doctor: **6 minutes**

**Save time and money. Set up an account now so you'll be all set when you or your family needs care.**



\* Data based on internal SelectHealth and Intermountain Healthcare claims and wait time data